

July 20, 2020

Dear Parents and Guardians,

Summer 2020 is all about enjoying what New Jersey has to offer while also taking care of your health. This resource provides tips from family nurse practitioner Sandy Cayo, RN, DNP, as well as free social media content to promote precautions against coronavirus to make sure we all have a **#StayWellSummer**.

[NJHA's stay well summer campaign](#)